

Impressions News



A Message From Dr. Warren

At Impressions Dental we maintain our commitment to 'Transform Smiles and Create Lasting Impressions'

At Impressions Dental, we are excited about the new opportunities in 2012 to continue serving you, our Impressions Dental Family. One of our top priorities has always been to provide continued education concerning the causes and prevention of periodontal disease. I cannot emphasize enough, however, the importance of regular cleanings and x-rays as part of an effective preventative treatment plan. Due to the economic recession, we recognize the potential challenge that our patients may face in

maintaining the level of dental care recommended for optimal oral health. In light of this, we are very excited about the special promotions that will be on offer throughout the year to enable our Impressions Dental Family to benefit from these critical services. Stay connected with us via our Website, Facebook and YouTube to ensure that you don't miss out on any of our fantastic offers. 2012 is going to be a great year for you because at Impressions Dental, there's always a reason to smile!

The Impressions Dental Team Transforming Smiles In 2012



Pictured from left to right: Raquel Hunter (Dental Assistant), Lynette Greene (Office Manager), Dr. Nordia Bedward (Dentist), Alicia Gray (Dental Assistant), Odessa Black (Dental Assistant), Dr. Annette Warren (Dentist and Owner of Impressions Dental) and Shirlene Pierre (Dental Hygienist).

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FEATURED TOPIC:

PERIODONTAL DISEASE

Discover the causes, symptoms and methods of prevention and the relationship to halitosis (bad breath) and diabetes.



SMILE TALK

"Having completed 70% of the Invisalign program, my gums are healthy" and "the spacing between my teeth has been perfected. When I smile now, I am no longer ashamed. My smile tells me that I'm more beautiful than before and I am proud to show all of my teeth!"

Invisalign Patient



Meet Our Hygienists: Committed Advocates for Oral Health



Raynell Bain

"I strongly believe in educating my patients concerning the prevention, preservation and restoration of oral health"

Raynell Bain received her Associate of Applied Science degree in Dental Hygiene after completing her studies at Daytona State College in 2006. She returned to the Bahamas with a determined intention to contribute to oral health care in her native land.

Raynell is currently licensed to practice in both the Bahamas and the State of Florida and is CPR certified. She is a strong advocate for patient education, clinical research and professional leadership. Raynell acts as a valuable resource of knowledge for each patient and regularly conducts educational and clinical research to further this knowledge. She is engaged in the prevention and treatment of oral diseases as well as the systemic effects that may occur as a result of periodontal disease and oral cancers.

In her personal time Raynell enjoys cooking, baking and exercising. She attributes meaningful relationships with family, friends and loved ones as the key to keeping herself grounded and creating a fulfilling life.



Shirlene Pierre

Shirlene Pierre is the longest standing member of the Impressions Dental Team. She started her professional journey in 2003 as a dental assistant and gained a strong, practical foundation under the direction of Dr. Warren. Her desire to further her career resulted in her leaving the practice in 2006 to attend Miami Dade College and obtain an AS degree in Dental Hygiene. Shirlene graduated in 2009 and although she was licensed to practice in both Florida and The Bahamas, she chose to secure a permanent position at Impressions Dental.

Shirlene has gained a reputation for being extremely thorough and detail-oriented. She approaches her work with great focus to ensure that she provides the quality of care that her patients have come to expect and depend on. She views patient education as one of her greatest responsibilities. Shirlene therefore values her status as an Impressions Dental Invisalign patient as it enables her to provide advice and direction based not only on her professional knowledge but her personal experience with the product and transformation process.

In her personal time Shirlene values quality time spent with her daughter and family members, as well as her close friends. She embraces opportunities for 'rest and relaxation', travelling, cooking, reading and researching the latest developments in dentistry as it pertains to her career.



Della-Reese Symmonett

"My goal is to enable my patients to regain the health and beauty of their smile and inevitably restore their confidence"

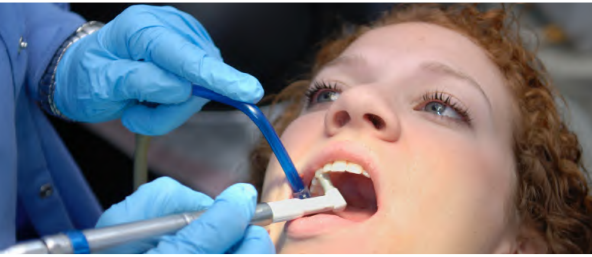
Della-Reese Symmonett, affectionately known as 'Della', earned her degree in Dental Hygiene at The Forsythe School for Dental Hygienists, an affiliate of Northeastern University in Boston, Massachusetts. Upon her graduation in 1979 she immediately returned to the Bahamas where she practiced in a private Dental office for 32 years.

Throughout Della's extensive career she has witnessed both the physical and emotional effects of periodontal disease and tooth decay on adults and children. She is therefore very passionate about educating her patients concerning daily maintenance and periodontal disease prevention. Della's greatest objective is to provide the knowledge and treatments necessary for her patients to ultimately "leave the world with all their teeth!" Della's fun-loving spirit and sense of humor is the perfect remedy for the nervous, first-time dental patient. Her passion for her work is undeniable and her reputation as a Dental Hygienist is firmly established. Della brings her skills and expertise to Impressions Dental on a part-time basis and is a valuable part of our team.

In her personal time Della thrives from exercise, travelling and decorating interior spaces. She embraces life and enjoys creating fun memories with family and friends.

Periodontal Disease and Halitosis: Causes, Symptoms and Prevention

A single drop of saliva can contain 50-100 million bacteria. A diseased mouth can contain bacteria in the billions.



Professional intervention is often required to identify and treat the root cause of Halitosis when symptoms are persistent.

No barrier exists between the oral cavity and the rest of the body. Oral health plays an integral role in a person's overall health.



What is Periodontal Disease?

Periodontal disease is a chronic bacterial infection that affects the gums and bones supporting the teeth. The prolonged presence of bacteria on teeth results in the formation of plaque, a sticky, colorless film that constantly forms on our teeth.

'Gingivitis': The Mild Stage. Bacteria in plaque produce toxins that irritate the gums and cause the gum tissues to break down resulting in red, swollen gums that are prone to bleeding.

'Periodontitis': The Severe Stage. Bacteria spreads below the gums and damages the bone that supports the teeth. It is at this phase that the gums can actually pull away from the tooth, bone can be lost and ultimately the tooth itself can loosen or fall out.

What is Halitosis?

Halitosis, otherwise known as 'bad breath', is a condition in which a person produces an offensive odor from their oral or nasal regions. Halitosis is embarrassing for sufferers who are aware of their condition but even more so for persons who are made aware of it by those around them. There are many different factors that contribute to halitosis such as improper cleaning of dentures, consuming tobacco-based products, oral yeast infections and dental caries, to name a few. Halitosis can be a direct result of Periodontal Disease, however, and cannot be resolved by routine oral hygiene techniques such as flossing or brushing but requires professional intervention. The dentist must assess the person's oral health and devise a customized treatment plan to create a healthy oral environment that will then eliminate the symptoms of halitosis.

Periodontal Disease and Diabetes

Diabetes has an interdependent relationship with periodontal disease. Poorly controlled diabetes can affect oral health as elevated blood sugar levels also lead to increased sugar levels in saliva. This will enable bacteria found in plaque to thrive and create an environment conducive to tooth decay and dental caries. In turn, poor oral health can affect the control of diabetes as bacteria can enter the body's circulatory system via the diseased gums and travel to all parts of the body causing secondary infections and inflammation. This can contribute to or further complicate the disease process already present in tissues and organ systems that have an inflammatory origin such as diabetes. It is highly recommended that a person suffering from diabetes visit the dentist every three months to remove the buildup of plaque and tartar in order to minimize the risk of infection.

Periodontal Disease Prevention: Creating A Healthy Oral Environment

- Brush teeth twice per day using fluoride toothpaste
- Floss once per day
- Use an antiseptic mouthwash.
- Eat a diet that includes whole grains, fruits and vegetables to boost the body's immune system.
- Avoid sugary foods and bedtime snacks
- Visit the dentist every 6 months for exams and cleaning.

Veneers: The Dental Face-Lift

What is A Dental Veneer?

A dental veneer is a thin layer of synthetic material (porcelain or composite) that is bonded to the front surface of the tooth in order to transform its color, shape, size or length. The layer is designed to subtly match a person's face, lips and cheeks,

in addition to their chewing and speaking patterns. Typically it is used by persons who are desiring to conceal the irregular spacing between their teeth, discolorations or stains and teeth that are broken, chipped, crooked or misshapen.



BEFORE



AFTER



BEFORE



AFTER

What Is A Dental Face-Lift?

The appearance of teeth play a major role in the framework of a person's face. Worn down teeth or missing teeth create a sucked in or collapsed appearance around the mouth. This reduced tension in the skin affects the entire face as the jaw-line loosens, the chin falls, the cheeks flatten and wrinkles appear around the eyes and forehead. Veneers can instantly lift the entire face. By rebuilding and replacing missing or worn teeth the facial muscles are supported and built up resulting in firmer skin that boasts a more youthful appearance. In as little as 2-3 visits to the dentist and with minimal reshaping of the teeth, a person's face can be transformed!

Dental Veneers have been hailed as the new 'dental face-lift', promising to transform the teeth and restructure the face to the point of appearing up to 10 years younger!

Veneers are a cosmetic procedure and are not designed to function as a substitute for oral hygiene. Regular dental care is the primary method for achieving a 'healthy' smile.

PROTECT YOUR SMILE

CLEANING

WAS ~~\$95~~
NOW **\$85**

X-RAYS

WAS ~~\$45~~
NOW **\$10**

VALID FROM 04/09/2012-07/31/2012

Impressions Dental Gives Back!



The Healthy Living Health Fair: February 2012

Impressions Dental was a proud participant in the Healthy Living 2012 Health Fair in February as part of a collaborative effort with other local health-care professionals to increase the public's awareness of issues pertaining to all aspects of health. It was our mission to provide the education and resources necessary to empower Bahamians to pro-actively pursue great oral health and ultimately overall health.

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